Woodlands Health (WH) Specialist Services Referral Information Kit for GPs



About Woodlands Health (WH)













Note on Referrals¹ to WH Specialist Services

WH is set to open progressively from Dec 2023 with the following specialities accepting limited GP referrals:

- (1) Endocrinology
- (2) Advanced Internal Medicine (AIM)
- (3) Rheumatology
- (4) Renal Medicine²

Till WH full opening in May 2024, there is also limited laboratory and radiology services available. Patients might be directed to Khoo Teck Puat Hospital (KTPH) for these services.

WH official opening will be in May 2024 where the full suite of WH specialities and services will then be ready and available.

Between Dec 2023 to Apr 2024

^{2.} Besides these 4 listed specialties, the other specialties that are opened from Dec 2023 see only known patients on repeat visits until WH full opening in May 2024 when GP referrals will also be accepted then

List of WH Specialist Services Accepting Limited GP Referrals¹:

S/N	Specialist Services	Referral Criteria (For Dec 2023 – Apr 2024)
1	Endocrinology	 a) Osteoporosis (OP) Post-menopausal osteoporosis not responding or unable to tolerate firstline treatment Male osteoporosis (If patients are on active follow up with Rheumatology/AIM/GRM², please refer back to these respective departments for continued OP treatment) (If patient has also OP and Geriatric syndrome and is >65 years old, please refer to GRM) b) Obesity per the NHG Tiered Weight Management (TWM) Framework (and Healthier SG protocol) BMI > 32.5 kg/m² with Obesity-related complications (DM², HTN, severe NASH etc) BMI > 37.5 kg/m² with and without Obesity-related complications Graves/hyper/hypothyroidism (no nodules/discordant TFTs) d) Stable poorly controlled DM
2	Advanced Internal Medicine (AIM)	a) Hypertension b) Hyperlipidemia

^{1.} Between Dec 2023 to Apr 2024

^{2.} Between Dec 2023 to Apr 2024, WH Rheumatology will only be taking in GP referrals for Gout and WH AIM will only be taking in GP referrals for Hypertension and Hyperlipidemia. For WH GRM, we will only take in GP referrals from May 2024

List of WH Specialist Services Accepting Limited GP Referrals¹:

S/N	Specialist Services	Referral Criteria (For Dec 2023 – Apr 2024)
3	Rheumatology	a) Gout
4	Renal Medicine	 a) Chronic kidney diseases (Stage 1-3) • Stage 3 CKD with concurrent negative urinalysis (no hematuria or proteinuria), and a renal ultrasound excluding obstruction within the last 6 months. • Stage 3 CKD with diabetes, concurrent negative urinalysis for hematuria, urine protein:creat ratio showing < 1g/24hrs of proteinuria, and a renal ultrasound excluding obstruction within the last 6 months. Exclusion: • Stage 4-5 CKD • Acute Kidney Injury (AKI) or those with current nephrology follow up elsewhere.

1. Between Dec 2023 to Apr 2024



Profile of WH Specialists Head of Department (for those Services Accepting Limited GP Referrals¹):



Dr. Hoi Wai Han

Designation:

Head, Endocrinology, Department of Medicine Senior Consultant

Credentials:

- MBBS (NUS, Singapore)
- MRCP (UK) (RCP, United Kingdom)
- M Med (Int Med) (Singapore)

Clinical Interests:

- General Endocrinology
- Diabetes
- Metabolic diseases



1. Between Dec 2023 to Apr 2024



Dr. Aisha Lateef

Designation:

Chief, Medicine
Head, Advanced Internal Medicine,
Department of Medicine
Head, Rheumatology, Department
of Medicine
Senior Consultant

Credentials:

- MBBS (U of Karachi, Pakistan)
- MRCP (Int Med) (RCP, United Kingdom)
- M Med (Int Med) (NUS, Singapore)
- FAMS (Academy of Medicine, Singapore)

Clinical Interests:

- Acute Medicine
- Systemic Lupus Erythematosus
- Obstetric Rheumatology



Dr. Mark Boxall

Designation:

Head, Renal Medicine & Senior Consultant

Credentials:

MB ChB (Glasgow), MRCP (UK), FRCP (Glasg)

Clinical Interests:

General Nephrology and Haemodialysis

How do I make a referral for WH Specialist Services?





Referral Information¹:

- CHAS/PG/MG subsidised and Private referrals accepted
- Electronic referrals preferred via FormSG (https://for.sg/gpsocreferrals)



https://for.sg/gpsocreferrals

Other referral channels²:

Email	appt@wh.com.sg
Hotline	6363 3131 Mon – Fri: 8.00am to 8.00pm Sat, Sun & PH: 8.00am to 2.00pm
Fax	Upcoming. Details to be provided in due time.



Between Dec 2023 to Apr 2024

2. Referral via Healthier SG compatible Clinic Management System (CMS) &/or Primary Care Digital Services (PCDS) will only be available from May 2024

Who do I contact for more information?





Your Relationship Managers







Claire Chen 9436 8828 claire ch chen@wh.com.sg



Norizan Binte Md Noor 8102 3292 norizan md noor@wh.com.sg

General Enquiries			
Operating Hours	Mon – Fri: 9.00am to 5.00pm Sat, Sun & PH: Closed		
Email	whc_gp@wh.com.sg		

You may also
visit
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information &
updates



Thank You



