

Glaucoma eye drops - How to use eyedrops properly

Instructions to use Eyedrop:

1. Wash your hands before applying the eye drops.
2. Read the instructions on the label.
3. Shake the bottle before using the medication if instructed.
4. Remove the seal.
5. Sit with your head tilted backwards and look up. With your finger gently pull down the lower lid of the eye to form a pocket.
6. Hold the bottle with the application tip as close to the eye as possible. Avoid touching the eye with the dropper. Apply one drop into the eye
7. Close the eye (do not rub). Wipe off any excess drops around the eye with the tissue.



8. Place your finger against the inner corner of your eye for 1 minute. This prevents medication from entering the tear duct



9. If you must apply 2 different types of the eye drops at the same time, apply the second eye drop 5 minutes after applying the first. This allows the 2 different eye drops to work better.



Points to remember:

- Store in a cool, dry place. Some eye drops need to be stored in the refrigerator. Check the label for the correct storage condition.
- Keep the medicine out of reach of children.
- Do not keep expired medicines or medicines that are no longer needed.

Contributed by Nursing

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