

Wearing Breg Knee Brace

How to wear the Breg Knee Brace?



Image from <https://www.breg.com/products/knee-bracing/post-op/t-scope-premier-post-op-knee-brace/>

1. Place the brace under your leg
2. Centre the knee between the hinges.
3. If placed correctly, the extension controls should face the front of the knee.



Image from <https://www.breg.com/products/knee-bracing/post-op/t-scope-premier-post-op-knee-brace/>

4. Fasten the straps, starting from (a) below knee, then (b) above the knee.



Image from <https://www.breg.com/products/knee-bracing/post-op/t-scope-premier-post-op-knee-brace/>

5. Fasten the remaining 2 straps.

How to remove the Breg Knee Brace?

To remove your brace, unfasten all 4 straps in any order.

*Disclaimer: The brochure serves as a reference. Kindly check back with your Physiotherapist/ Doctor if you have any further questions.

Contributed by Physiotherapy, Rehabilitation, Allied Health Services

This brochure is produced for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek the advice of a qualified healthcare provider before starting any treatment or if you have any questions related to your health or medical condition.

Information shared is accurate as of February 2024 and subject to revision without prior notice.



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