

# **Stages of Communication Development in Children**

Communication isn't just about talking. A child first learns about communication by understanding the environment and people around him/her. As the child grows older, he/she gradually starts to express what is on his/her mind, first by actions and sounds, then words, and eventually sentences.

In this booklet, we have divided a child's communication development into six main stages: exploration, intentionality, first words, combining words, first sentences, and longer sentences. The following pages describe the behaviours your child may demonstrate in each stage, under two sections: how they understand their environment and how they express themselves.



# 1. Stage of Exploration



#### How they understand their environment

Your child starts to learn the meaning of words:

- Recognises familiar faces.
- Turns head towards sounds and voices.
- Interested in toys or items that make sounds.
- Looks at you, smiles or moves his/her body (wiggles, kicks), or stops moving when he/she hears you.
- Understands a few familiar actions in common daily activities, such as reaching out when you stretch your arms out to carry him/her.

# How they express themselves

Your child responds and reacts to the environment:

- Cries in different ways.
- Begins to copy actions.
- Copies sounds you make.
- Makes different facial expressions depending on the situation.
- Smiles and laughs when you play Peek-a-boo.
- Moves towards something he/she wants.
- Turns head away or closes his/her eyes to something he/she does not want.
- Makes different sounds at first, simpler sounds like 'Aah', 'Ooh', 'Guh', 'Muh', then longer sounds like 'Gagaga', 'Mamama', 'Papapa'.

# 2. Stage of Intentionality



#### How they understand their environment

Your child understands commonly experienced words in familiar routines:

- Responds to own name.
- Identify familiar objects, such as bottle, light, ball.
- Understands 'byebye', 'up', 'no'.
- Uses gestures such as pointing or body movements to respond to simple questions like "Where's your shoe?"
- Begins to follow simple one-step instructions in context.

# How they express themselves

Your child sends their message using a combination of facial expressions, sounds and gestures without words:

- Shakes head for 'no'.
- Brings a bottle to you to open.
- Hands you a leaf to show you.
- Waves 'byebye' or 'hello'.
- Copies actions and begins to copy sounds.
- Makes sounds or use gestures to call for your attention.
- Points at something interesting then looks back at you.
- Continues making different sounds, which may sound like baby talking.
- Begins to say one word to mean something specifically, such as 'papa' (for dad), 'mama' (for mum), 'nana' (for banana).

#### 3. Stage of First Words



#### How they understand their environment

Your child understands many familiar words:

- Points to body parts.
- Points to everyday objects.
- Does common actions like sleep, sit, clap.
- Follows a few simple instructions without you showing him/her or giving clues, e.g. 'hug the bear'.
- Responds to simple questions like "What do you want to drink?"

# How they express themselves

Your child sends their messages using single words most of the time:

- Copies sounds and words that you say.
- Uses a variety of vocabulary
  - Names of people and objects
  - Social words like 'bye'
  - Action words
- Uses gestures and words together.
- At the beginning of this stage, uses 10-25 words. Towards the end of this stage, uses 25-50 words.

# 4. Stage of Combining Words



#### How they understand their environment

Your child understands many words, including more complex ideas:

- Understands opposite concepts, such as in/out, big/small, over/under, dirty/clean, fast/slow.
- Follows two-step related instructions, such as 'Remove your socks and put them in the laundry basket'.
- Starts to follow simple, short stories.

# How they express themselves

Your child sends their messages using a combination of words (not memorised expressions):

- Uses at least 50 different words.
- Answers simple who-, where- and what- questions, with 2–3-word phrases, such as 'My mama', 'Bottle there', 'Go swimming'.
- Begins to string three or more words when talking (e.g. 'Mama more water').
- Asks some questions (e.g., what, where).

# 5. Stage of First Sentences



#### How they understand their environment

Your child understands longer and more complicated sentences:

- Follows 2-step unrelated instructions without you showing or using gestures (e.g., clap and sit on the green circle).
- Understands simple stories and tells what comes next in a familiar story.

# How they express themselves

Your child sends their messages using sentences most of the time (not memorised expressions):

- Uses many different words to specifically describe meanings (e.g, 'behind/between' instead of 'here/there').
- Uses connectors like 'and', 'but' and 'because' to form longer sentences.
- Asks more questions (e.g., what, where, who, why).
- Answers questions about self, like 'What is your name?', 'How old are you?'
- Talks about an event.
- Participates in a conversation with back-and-forth exchanges.

#### 6. Stage of Longer Sentences



# How they understand their environment

Your child understands stories:

- Understands and uses words to describe time (e.g. yesterday, morning, first, later).
- Answers simple questions about stories.
- Ask and answers 'why', 'when' and 'how' questions.

#### How they express themselves

Your child is able to tell stories:

- Names items from a category (e.g., animals).
- Uses grammatically correct sentences, including pronouns.
- Tells events in story logically (e.g., 'Teacher scolded Alan because he pushed my friend').
- Have increasingly longer conversations with many different people, familiar and unfamiliar.

#### References:

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